

### NEW: FREE SHIPPING WITH AN ORDER OF 6 CANS!

As of March 1st, all "MyBioPharmacy.com" retail orders will receive FREE SHIPPING with any order of 6 canisters or more! Otherwise, shipping is \$11.95 whether you buy one canister of NanoGreens<sup>10</sup> or five; so bigger orders save money!

Or, sign up for our Auto-Ship option and receive 4 full serving Travel Packets with every canister, FREE!



To ORDER by phone, and/or to set up your Auto-Ship schedule Call Toll FREE: 1-877-772-4362, M-F, 8 AM to 6 PM, PST.

### NANOGREENS<sup>10</sup> BLOOD PRESSURE STUDY PRESENTED AT THE ACC



A Logan Chiropractic College research study designed to study the effects of NanoGreens<sup>10</sup> on blood pressure was presented at the Association of Chiropractic Colleges (ACC) meeting in Phoenix, AZ, March 17th, 2007. The study was done on forty subjects, of which half were controls.

After taking the supplement for 90 days, (two scoops daily) both the systolic and diastolic blood pressure decreased significantly. On average, the systolic blood pressure decreased 12.4 mm Hg and the diastolic blood pressure decreased 7.1 mm Hg. No significant blood pressure decrease was observed in the control group.

These pilot study results are greater than those reported for the DASH diet, low sodium diet and exercise combined! To read the abstract published in the Journal of Chiropractic Education, p. 93 see: <http://biopharmasci.com/downloads/NGBPabstract.pdf>

### NEW STUDY: AMERICANS STILL NOT EATING ENOUGH FRUITS AND VEGETABLES!

Two studies published in the April issue of the American Journal of Preventive Medicine indicate that Americans still not eating enough fruits and vegetables.

Researchers from the Johns Hopkins School of Public Health and the Welch Center for Prevention, Epidemiology, and Clinical Research in Baltimore analyzed NHANES data (National Health and Nutrition Examination Surveys) to determine trends over time for fruit and vegetable consumption among American adults.

Americans have not increased their consumption, with 28% and 32% meeting USDA guidelines for fruits and vegetables, respectively, and less than 11% meeting the USDA guidelines for both fruits and vegetables.

The study focused on 14,997 adults from 1988 to 1994 and 8,910 adults from 1999 to 2002 with complete demographic and dietary data. Approximately 62% of the participants did not consume any whole fruit servings and 25% reported eating no daily vegetable servings! There was no improvement in Americans' fruit consumption during this period and there was a small decrease in vegetable intake.

We all should eat our fruits and vegetables, but when you can't, won't or just don't it is good to know that just one serving of NanoGreens<sup>10</sup> has the phyto-nutrition of up to 10 servings of fruits and vegetables.





The Power of NanoScience

Order Desk: 1-877-772-4362

Corp. Office: (858) 622-9493

Fax: (858) 622-9493



## QUERCETIN HELPS YOUR BODY FIGHT INFECTION

Quercetin, a flavonoid antioxidant found in plants such as apples, onions and broccoli, may help reduce illness and maintain mental performance in physically-stressed test subjects, according to new research out of Appalachian State University.

Researchers provided 1,000 mg/d of quercetin (plus niacin and vitamin C) for five weeks to trained cyclists; another group of 20 cyclists received a placebo. Three weeks into the study, participants rode a bicycle three hours a day for three days to the point of exhaustion; blood and tissue samples were taken to track physiological changes.

Following the extreme exercise, 45 percent of the cyclists taking the placebo reported illness, while only 5 percent of the quercetin group did. In addition, the athletes taking quercetin better maintained their ability to react to an alertness test when exhausted.



The special form of quercetin in NanoGreens<sup>10</sup> is called “isoquercitrin” or isoquercetin-rutin 50/50, and is **300%** more bioavailable than regular quercetin!

## PRODUCT TESTIMONIAL OF THE MONTH:



### JR. KARATE TEAM WORLD CHAMPIONSHIPS PRAISE NANOGREENS<sup>10</sup>

“NanoGreens<sup>10</sup> is an essential part of the dietary supplementation for the KMA Pacific Southwest AAU Karatedo team. It has been a major factor in the performance and recovery for our athletes both in training and in competition. I strongly recommend NanoGreens<sup>10</sup> to all athletes in both enhancing their overall fitness and maintaining optimal health.”

Ferdie Allas

Head Coach KMA Pacific Southwest, AAU / USA

Jr. Karate Team, World Championships, Hannover, Germany 2006

Read more here: <http://www.biopharmasci.com/hp/sng/testimonials.asp>

## ASK FOR FREE SAMPLES!

If you have never experienced NanoGreens<sup>10</sup>, just ask for a **Free Taste Test** for yourself. For those already enjoying NanoGreens<sup>10</sup> we also supply Free Samples to take and share with your family and friends. Just ask!

You and yours can now order NanoGreens<sup>10</sup> direct to your door!

Just visit my “MyBioPharmacy.com” NanoGreens<sup>10</sup> website at:

[www.mybiopharmacy.com/a/\\_\\_\\_\\_](http://www.mybiopharmacy.com/a/____)

None of the above statements have been evaluated by the FDA.  
NanoGreens<sup>10</sup> is not intended to prevent, treat, cure, or diagnose any disease