



### A Vitamin A Day May Do More Harm than Good

“ConsumerLab.com” report finds unexpected nutrient levels, contamination

If you're banking on a daily vitamin to make up for any deficiencies in your diet, you may be getting a whole lot more — or less — than you bargained for. Of 21 brands of multivitamins on the market in the United States and Canada selected by “ConsumerLab.com” and tested by independent laboratories, just 10 met the stated claims on their labels or satisfied other quality standards. Most worrisome, according to “ConsumerLab.com” president Dr. Tod Cooperman, is that one product, The Vitamin Shoppe Multivitamins Especially for Women, was contaminated with lead.

That's why your health professional may recommend products that are only available through qualified health professionals, like NanoGreens<sup>10</sup>. The makers of NanoGreens<sup>10</sup> post right on their web site the independent nutritional analysis as well as heavy metal, microbial and antioxidant tests, called ORAC, on every run.

See: <http://www.biopharmasci.com/patients/sng/analysis.asp>

Remember, the most expensive supplement is the one that costs you your health!

### The New Study: Five a Day? No Way!

Less than one in ten US children are eating the recommended levels of fruits and vegetables per day!

The latest "American Journal of Preventive Medicine" adds to the growing body of evidence indicating that less than one in ten US children, and only 12% of adolescents, consumed the recommended five or more daily servings of fruits and vegetables. Family dietary practices were found to be associated with adolescents' food choices, with parents' consumption of fat, fruits and vegetables being identified as a predictor of adolescent consumption habits.



The moral for you parents is to take your NanoGreens<sup>10</sup> daily and have your children do the same. Finicky youngsters may prefer it in apple juice or other favorite juice: Fine! And maybe you start with only 1/2 scoop until they realize it really tastes OK. Then replace 1/2 the juice with water if you can.

For most Americans, supplementation remains the only realistic alternative. In every way, NanoGreens<sup>10</sup> is the finest fruit and vegetable phyto-nutrient supplement in the world today. Taken as directed, NanoGreens<sup>10</sup> helps supply the *proven* phyto-nutrition / antioxidant power of up to 10 servings (5 cups) of fruits and vegetables a day.

### NanoGreens<sup>10</sup> Blood Pressure Study to be presented at the ACC

On March 15, Dr. John Zhang, MD, PhD, will present the Logan Chiropractic College Study, "Hypertension and Green Phytonutrient-Rich Fruit and Vegetable Supplementation" at the Association of Chiropractic Colleges meeting in Phoenix, AZ.

BioPharma will be sharing the results of that study in the April issue of "NanoGreens<sup>10</sup> News" so stay tuned. A review will also be printed in the May 7th issue of "Dynamic Chiropractic". A major medical school IRB is currently looking at a NanoGreens<sup>10</sup> and hypertension study as well.

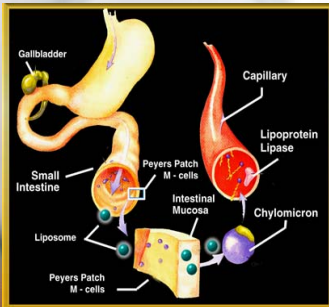
To learn more about the ACC event see: <http://www.c3r.org/acrac06/Exhibitors.asp>





## *New NanoGreens<sup>10</sup> Testimonials from February*

### **Oral Nano-Biosomes & GI Interaction**



"In November I had my gall bladder removed. I am one of those people for whom bile running through my colon is not a happy thing. My surgeon started me on I cholestyramine to bind the bile. Shortly after that, my naturopath suggested NanoGreens<sup>10</sup> as a nutritional supplement for several different reasons."

"After I started on the NanoGreens<sup>10</sup>, I found that I no longer needed the cholestyramine and have continued to not need it! This week I decided to challenge this by stopping the NanoGreens to see what would happen. Over 4 days, I started experiencing a return of the same sorts of problems that had caused me to need to go on the cholestyramine in the first place."

*Adrienne Hanway, cholecctomy patient, Redman, Oregon*

PS: In explanation, Cholestyramine (koe-less-TEAR-a-meen) is a prescription medicine usually used to lower high cholesterol levels in the blood by removing bile acids. NanoGreens<sup>10</sup> is rich in Oat Beta-Glucan, a

soluble fiber that absorbs bile acids as well. Oat beta-glucan may also promote cholesterol clearance from the plasma via reverse cholesterol transport. (Ed. Dr Maher)

"Since I started taking NanoGreens<sup>10</sup> three months ago, I have increased energy, sleep better, am more focused at work, and crave sweets less! I drink it every morning now. It is great to know I am getting all the nutrition I need daily."

*Peter Anderson, Office Manager, Family Health and Wellness Acupuncture, Sarasota, FL*

"I have now been on the NanoGreens<sup>10</sup> for 6 weeks and I have noticed increase in my energy and I also have lost 25 pounds!"

*Jeff Finkelstein, D.C., Baldwin, NY*

"We have been making a daily NanoGreens<sup>10</sup> smoothie with whey powder, water, blueberries, and various other ingredients. We feel great!"

*Susan Greenbaum, Abstract Water Media Artist, Lake Oswego, OR*

Read more testimonials here: <http://www.biopharmacsci.com/hp/sng/testimonials.asp>

*None of the above statements have not been evaluated by the FDA. NanoGreens<sup>10</sup> is not intended to prevent, treat, cure or diagnose any disease.*

**ASK for FREE SAMPLES!** If you have never experienced NanoGreens<sup>10</sup>, just ask for a **Free Taste Test** for yourself. For those already enjoying NanoGreens<sup>10</sup> we also supply Free Samples to take and share with your family and friends. Just ask !

You and yours can now order NanoGreens<sup>10</sup> direct to your door!

Just visit my "MyBioPharmacy.com" NanoGreens<sup>10</sup> web site at



*my*biopharmacy