

### NanoGreens<sup>10</sup> Named Official Sponsor for the BMC Pro-Cycling Team

BMC is a leader in the world-wide bicycle market with their innovative high-end products. They market their racing cycles through racing teams. The **USA BMC Professional Racing Team** consists of many of the finest riders in America. Many will go on to compete in the **Olympics**. BioPharma is proud to be chosen the *official greens sponsor* of the USA BMC Professional Racing Team.

### The New USDA MyPyramid Guidelines for Fruits and Vegetables

The US Department of Agriculture recently boosted its recommendations for fruit and vegetable consumption in its new **MyPyramid** food guide to 7-9 servings a day for most adults. But a study published in this month's issue of the Journal of the American Dietetic Association simultaneously found most of the population hasn't even been able to keep up with the previous, less stringent guideline's **5-A-Day** plan!

The odds of consumers meeting the new standard for nutrient intake through eating fresh vegetables alone consequently look even bleaker. The study found Americans on average eat less than a third of the recommended amounts of dark green and orange vegetables. These vegetables tend to be richer in beneficial nutrients such as antioxidants.



The researchers reported that adequate intakes of fruits and vegetables ranged from a low of 0.7 percent of boys age 14 to 18 years, whose combined recommendation is five cups, to a high of 48 percent of children age 2 to 3, whose combined recommendation is one cup. Among women age 51 to 70 years, only 17 percent met their combined recommendation. Among all other sex-age groups, fewer than 11 percent met their goals.

The researchers conclude with a call to action: *"Nutrition and other health-care professionals must help consumers realize that for everyone over age 3 years, the new recommendations for fruit and vegetable intake are greater, and in many cases much greater, than the familiar five servings per day."*

For most Americans, supplementation remains the only realistic alternative. In every way, NanoGreens<sup>10</sup> is the finest fruit and vegetable phytonutrient supplement in the world today. Taken as directed, **NanoGreens<sup>10</sup>** helps supply the *proven* phytonutrition / antioxidant power of up to 10 servings (5 cups) of fruits and vegetables a day.

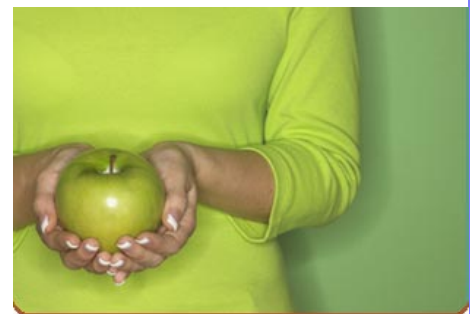
### Stemedica Cell Technologies, Inc. Chooses NanoGreens<sup>10</sup> for its MD's.

**BioPharma Scientific, Inc.** is proud to announce that **Stemedica Cell Technologies, Inc.** has chosen to private label "**NanoGreens<sup>10</sup>**", BioPharma's flag ship phytonutrition supplement powder. Additionally, Stemedica has chosen to incorporate BioPharma's patented **NanoSorb<sup>TM</sup>** delivery system for utilization in its fat soluble supplements in order to enhance bioavailability.

**Stemedica** is an emerging biotechnology company focused on developing and commercializing adult\* stem cell technology and therapies for the treatment of neurodegenerative diseases and conditions including those that cause blindness.  
\*(not embryonic stem cells)

### Many Vegetables May Help Lower Blood Pressure

The nitrates found in many vegetables may help lower blood pressure and keep blood vessels healthy, a new study suggests. According to the report, nitric oxide system is a key regulator of vascular integrity. This system is dysfunctional in many cardiovascular disorders, including hypertension (high blood pressure).





## Blood Pressure Cont

**Researchers at the Swedish School of Sport and Health Sciences** examined the effects of three-day dietary nitrate supplementation in a group of 17 healthy, non-smoking young adults. Each participant rotated between taking a daily dose of nitrate supplement equivalent to the amount normally found in 150 to 250 grams of a nitrate-rich vegetable, such as spinach, lettuce or beetroot, for three days, and taking a placebo for a different three days.

The study found that average diastolic blood pressure was 3.7 mm Hg lower after three days of nitrate supplementation than it was after taking the placebo. The researchers concluded that these benefits are similar to those found among healthy participants in the DASH trials and suggested that nitrates' blood-pressure-lowering effects deserve further study.

In April, BioPharma will be sharing through the **NanoGreens News** the results of its blood pressure study with **NanoGreens<sup>10</sup>** done through Logan College and John Zhang, PhD, MD. Stay tuned! Reference: 1) Larsen, F. Effects of Dietary Nitrate on Blood Pressure in Healthy Volunteers. New England Journal of Medicine, Dec. 28, 2006; vol 355: pp 2792-2793.

## *New NanoGreens<sup>10</sup> Testimonials for the New Year*

"My entire resistance to sickness is remarkable! **My children now take NanoGreens<sup>10</sup> daily.** Our whole family is feeling vibrant! Thank you, BioPharma, for creating such a wonderful supplement."

*Radha Dasa, LMT, Kailua, Hawaii*

"Just to let you know I encouraged all the girls in the Radiology office I work at to go online and get NanoGreens<sup>10</sup> samples. They did and **they love it!** One tech actually signed on with you and bought 6 canisters of NanoGreens<sup>10</sup> wholesale for us all!"

*Deanna Hart, Radiology Office, Clarkston, MI*



"I am an avid fan of your product, NanoGreens<sup>10</sup>. My chiropractor gave it to me. **Now I cannot imagine starting my day without it!** I am noticing subtle changes that I can only attribute to this product because I have purposefully not made other changes that I could attribute these to. Right before finding your product, I had been wishing I was more motivated to drink live juices, fresh squeezed. I understand you may or may not claim that NanoGreens<sup>10</sup> are equivalent or better than fresh juicing, but when I found them, I felt my intention had been answered! "

*Jenny Capella, grateful chiropractic patient, Seattle, WA*

"I have so many good inputs from my clients that I am convinced NanoGreens<sup>10</sup> is currently the best natural health product on the market. Even my brother-in-law had his **blood sugar level go down** from 123 to 83; and his **blood pressure decreased** from 153 to 141 after taking NG10 for just a month!"

*Eun-Hee Park, PhD in Biochemistry, Los Angeles, CA*

**ASK for FREE SAMPLES!** If you have never experienced NanoGreens<sup>10</sup>, just ask for a **Free Taste Test** for yourself. For those already enjoying NanoGreens<sup>10</sup> we also supply Free Samples to take and share with your family and friends. Just ask !

**You and yours can now order NanoGreens<sup>10</sup> direct to your door!**

**Just visit my web site at [www.mybiopharmacy.com/a/\\_\\_\\_\\_](http://www.mybiopharmacy.com/a/____)**

